

# Three Sheets in the Wind

THE MONTHLY NEWSLETTER OF THE LITTLE SHIPS FLEET YACHT CLUB  
(ESTABLISHED IN 1937)  
233 N. MARINA DRIVE, LONG BEACH, CALIF 90803



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## Commodore's Report

*Dominic Arcelin*



### Hello Little Shippers...

The calendar may say that summer is almost over, but the weather says otherwise. Favorable winds, warm water, and tourist crowds thinning out remind me why Fall is my favorite time of year. The days may be a bit shorter, but that means sunset cruising is even easier! I hope all of you get to enjoy this tropical weather while it lasts. It's especially enjoyable to sit out at The Shed with a beverage and take in a sunset over the bay.

Speaking of The Shed, I wanted to bring up a few things. Firstly, there will be vacancies on the **LSFYC Board of Directors** for next year and we are looking for a couple of people to join us! If you care about the club and have a bit of free time, please let me know. Outside of the BOD we are searching for a **Rear Commodore**. It's not that much of a commitment of time, maybe an hour or two a week, but it is very rewarding. To learn more about the position, please reach out if you're interested. We are also searching for a **newsletter publisher**. S/C **Frank Franco** has worked long and hard building the newsletter into what we read every month and he is looking to retire from the task. If you enjoy this publication and are interested in volunteering, please reach out!

Lastly, I would like to remind everyone about the procedure for opening and closing of the Shed. It is wonderful that so many of us are enjoying all that The Shed has to offer, but as our club grows and new members come and go from The Shed, please keep an eye and remind people of the following. Opening The Shed is simple. Input the code, open the door, sign into the guest book, and enjoy whatever activity or reason brought you there.

Closing The Shed is even easier. **Please tidy up** after yourself, turn off the lights, close the windows and blinds, close and lock the doors. There are two sliding locks on the top/bottom edge of right side door. IF you slide them open to open the door, then **these locks must be closed before you leave**. Failure to lock these, top and bottom, results in anyone being able to pull the door open. Even a strong gust of wind has been enough to knock the doors loose and then The Shed is open until someone comes down to visit. Our neighbors at Navy YC have been kind enough to close the doors for us over the last couple of months, but this shouldn't be happening in the first place. Once the sliding locks are locked, top and bottom, close the other door and press and hold any number to lock the deadbolt. I always give the doors a good tug once the deadbolt is locked. If you didn't secure the slide locks correctly, you will see how easy it is for the doors to swing open. Please take care to follow this procedure when visiting The Shed to keep our little club and all its history safe and sound.  
(con't next page)

## **Commodore's Report con't**

Many of you know **Debra Zelenka** and have probably heard wonderful things about her cooking class! There is one coming up on 9/15 and I thought I would let you all know there are some spaces still available. Liz and I took a class from her and had so much fun eating, cooking, and learning from talented chefs. I highly recommend it!

Here is the link: <https://www.calisicucina.com/event-details/nonna-mary-inspired-sicilian-wine-dinner>

Keep an eye on your emails as always for upcoming events. There is still a lot happening the rest of the year down at The Shed and I hope to see you all there!

***Dominic Arcelin***  
*Commodore, LSFYC*



## **Vice Commodore's Report**

**Ruth DeRaddo**



**Good bye August, hello September...**

### **Vice Commodore's Corner**

September hits the docks with a spark. August gave us warm nights, busy slips, and a steady hum of activity across every corner of LSFYC — and now we're rolling that momentum straight into Fall. The breeze is picking up, the sunsets are turning gold, and our boaters are diving into the new season with fresh energy, sharper focus, and that unmistakable LSFYC spirit.

It's a month for **movement, maintenance, and making the most of every evening on the water**. Whether you're tuning engines, or just enjoying the shed with friends, September is here to keep us in motion.

Michael and I recently made a trip down to the **Dana Point Yacht Club**, and wow — what an experience. The moment we walked in, the place was buzzing with energy. The food was fantastic, the drinks were spot-on, and that water view? Absolutely unbeatable. DPYC members welcomed us like old friends, full of warmth, good humor, and that easy coastal vibe that makes you want to stay for "just one more" round.

If you haven't been, **DPYC is a must** — a perfect blend of great atmosphere, great people, and a waterfront setting that reminds you why we love this lifestyle. Also, down the road is **Dana West YC**. Stop by for a visit too!

#### **Future Events:**

##### **September Potluck — Fall Carnival Theme**

Step right up, Little Shippers — the **September Potluck** is rolling into town on **Saturday, September 12th, starting at 4PM.** and we're transforming the club into a cozy, quirky **Fall Carnival** for one magical evening. I'll be hosting, and I'm bringing all the charm, color, and carnival mischief I can pack onto the docks.

We're setting up a mini midway with games that guarantee giggles, bragging rights, and maybe a little friendly chaos:

- **Balloon darts** — where every pop feels like a tiny victory
- **Coke bottle ring toss** — the game that looks easy... until it isn't
- **Fishbowl fishing** — whimsical, wobbly, and wonderfully unpredictable

Come join the fun — the carnival doesn't spark the same without you. **Please respond if you plan to attend so we can make sure the shed is fully stocked with prizes, laughter, and maybe a surprise or two.**

And of course, bring a **dish, dessert, or your favorite dip** to share. Half the joy of our potlucks is discovering what delicious creation appears on the table and guessing which Little Shipper brought it.

##### **LSFYC 1st Annual Golf Tournament ...November 7, 2026**

We're trading docks for fairways as LSFYC hosts its **1st Annual Golf Tournament** — a brand-new tradition that's already shaping up to be a fan favorite. Swap those boat shoes for golf spikes and enjoy a day on the greens.

**Golf Course:** Bixby Village Golf Course 6180 Bixby Village Drive Long Beach, CA

Whether you're a seasoned golfer, a casual putter, or someone who just enjoys driving the cart, this event promises laughs, friendly competition, and plenty of club camaraderie. Shine up those clubs, stretch out that swing, and get ready for a day on the greens with your fellow Little Shippers. **We have received many RSVPs and yours is next to participate.** We need volunteers to support the event. Please let us know: [lsfyclb@gmail.com](mailto:lsfyclb@gmail.com).

***"Friendship is not one big thing: it's a lot of little things."***

**Ruth De Raddo**

**Vice Commodore LSFYC**



## **Rear Commodore's Report**

**Bob Bond**



### **Let the good times keep rolling!...**

Winding down the Summer and cruising in to Fall!

I feel like a European...traveling most of the month of August. I spent 5 days in the beginning of August in Las Vegas on our 30th Annual Husbands Club celebration with many friends and family members, including my brothers Jim & Steve, who are also Little Shippers.

Then Alyssa and I had the pleasure and honor of attending the very special wedding of our own LSFYC Port Captain, **Brigitte Bigham**, to her fiancé Tom Saddler on August 14. Brigitte & Tom were married at St. Bartholomew's Church in Long Beach, and had a beautiful wedding and a very fun reception at Brigitte's home in Long Beach. Little Shippers **Steve & Anne Weaver, and Erica & Tim Hickey** were also at the wedding and partying the night away. Congratulations Brigitte & Tom!!!



The morning after the wedding, I flew back to Alexandria, Virginia, and helped my daughter Cheryl move out of her apartment, then started our road trip back to Rossmore, California. We had a fantastic drive across the country for 3,030 miles over 5 ½ days stopping in Point Pleasant, West Virginia (home of the Moth Man mystery in 1966-67), Nashville, TN, Memphis, TN, Oklahoma City, OK, Amarillo, TX, Albuquerque, NM, Winslow, AZ, and the Grand Canyon, AZ. Other than about 8 mostly brief, but rather intense rain storms, the weather was quite good, and the car and our driving held up to get us home safely. We're happy to have Cheryl home, and you'll certainly be seeing her at many LSFYC events in the near future.

We were home for less than 32 hours, before we started on our present adventure in Europe...another reason why I feel like a European. On August 22, Alyssa, all 3 of our daughters, and I flew out to Copenhagen, Denmark. We had 3 fantastic days enjoying Danish foods, great weather, taking in fantastic sights, visiting Freetown & Tivoli Gardens, and getting acclimated to northern Europe. Then we trained down to Hamburg, Germany, which is the largest port in Germany and an incredibly beautiful and vibrant city. In Hamburg, we met up with Alyssa's cousin Michael, who guided us on a bike and walking tour, and we ate lots of great German food, and enjoyed Miniatur Wunderland.

We then trained down to Hildesheim, where Michael and his wife Karin live, and his mother and surrogate grandmother to our daughters, Alyssa's Aunt Karin lives now. We had a fantastic visit with Karin, and soaked up Hildesheim, including another bike tour, a fantastic 18km canoe trip down the Aller River, and more great German food. Now we're in Nuremberg, and we visited the Nuremberg Trials Museum, which was a great, but rather disturbing. We have 2 more weeks in Europe, which I'll share more about next month.

Until the next newsletter, enjoy the rest of summer, start of Fall, start of the school year, and of course, start of football season.

Cheers,

**Bob Bond,**

*Rear Commodore LSFYC*

See photos next page...

## Rear Commodore's Report con't





## **Membership Report**

***Dave and Gabby Bierman***

### **Hello Little Shippers...**

We hope everyone is enjoying summer and this great weather. We had no new members this month. A quick summary of our membership: We have 70 active members and have added 12 new members this year!

As always, we encourage you to share our club spirit with others. If you have friends, family, or colleagues who would enjoy being part of the club, please invite them to learn more through our website [lsfyc.org](http://lsfyc.org) Membership page. For any questions or help with the process, don't hesitate to reach out to Gabby or Dave via email at: [davebierman@gmail.com](mailto:davebierman@gmail.com) —we're always happy to help welcome new faces into the LSFYC family.

Also be aware of LSFYC Brochures in the Shed. These are a great way to spread the word regarding the club to those who may be interested. Take some to hand out when an opportunity arises to spread the word!



## Steve Dunlap & Meghan Fabulous...the adventure continues!

Wow, now after 9 months(!) of sailing from Marina Del Rey, intrepid Little Shippers **Steve Dunlap, Meghan** and the 2 pugs, have journeyed aboard on the Lagoon 450S catamaran *Some Tuesday* down Mexico, Central America and across the Southern Pacific Ocean. After reaching their first destination of **Nuku Hiva** in the Marquesas, they have continued on to other Atolls in the various archipelagos that are scattered in the Pacific region. Then reaching and spending time in **Tahiti**, they have moved on to **Moorea**, then on to **Bora Bora** and beyond.

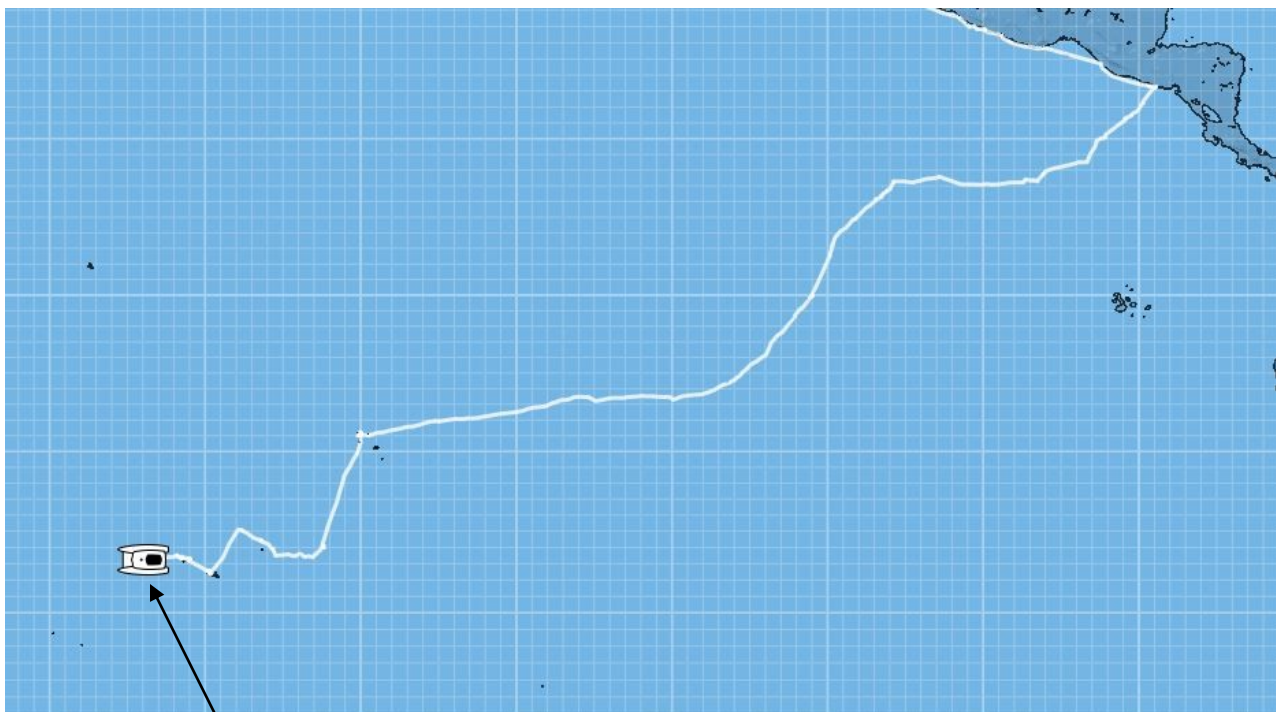


Click on links below to follow the adventure...and click on the posts shown to the live stream pod cast of the daily happenings, view posted videos and read the extensive and detailed narratives of the trip:

<https://www.youtube.com/@SailingSomeTuesday>

<https://www.instagram.com/SailingSomeTuesday>

<https://www.predictwind.com/tracking/SV-SomeTuesday>



Now at NUIE then  
on to TONGA!

And now for the news:

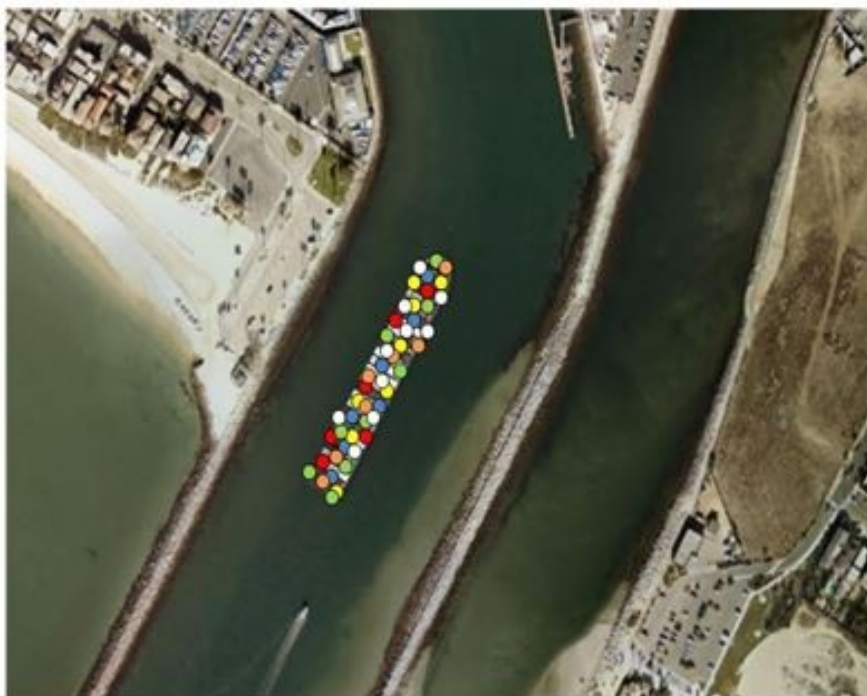


Remember the Suez canal...

Oh no...not here!

One (although a small one) of the many, many freighters anchored outside the L. A. harbor, had broken free of its anchorage, drifted down the into the harbor, entered the Alamos Bay channel and became tightly wedged between the channel sides, effectively plugging up movement of all inbound/outbound vessels!

The situation had the LB Marine department in a frenzy as to how to free the 200,000 ton container ship after many unsuccessful attempts of pushing and pulling with only the LB marina patrol boats available.



But after consultation with salvage experts and Marina yacht owners eager to get their boats back into the harbor, the strategy determined was to simply lighten the ship's heavy load.

Unable to get access for the massive cranes and equipment necessary to offload the ship, an emergency meeting was held by members of the local yacht clubs to brainstorm as to what to do. After much heated discussion (and many, many drinks later), a solution was finally hammered out:

Completion of many trips to PARTY CITY stores, and thru a huge collective effort, 453,945 helium filled multi colored party balloons were attached to the hull of the ship effectively allowing the lightened ship to float free and head back to the anchorage area!

Problem solved!



# SEPTEMBER, 2026



| SUN | MON            | TUE                    | WED | THU | FRI                  | SAT                           |
|-----|----------------|------------------------|-----|-----|----------------------|-------------------------------|
|     |                | 1<br>LSFYC BOD<br>MEET | 2   | 3   | 4                    | 5                             |
| 6   | 7 LABOR<br>DAY | 8                      | 9   | 10  | 11<br>PATRIOT<br>DAY | 12 HH POT-<br>LUCK AT<br>SHED |
| 13  | 14             | 15                     | 16  | 17  | 18                   | 19                            |
| 20  | 21             | 22 FALL                | 23  | 24  | 25                   | 26                            |
| 27  | 28             | 29                     | 30  |     |                      |                               |
|     |                |                        |     |     |                      |                               |



## Nonna Mary-Inspired Sicilian Wine Dinner

Tuesday, September 15  
5:30 PM  
Hartland's  
1900 E. Ocean Blvd  
Long Beach, CA 90802



### Antipasti & Welcome Reception

*Hosted by Nonna Mary*

*featuring focaccia from  
Hey Brother Baker*



Featuring Five Courses  
*curated by*  
Chef Patrick Claytor

|                                                                                                  |
|--------------------------------------------------------------------------------------------------|
| 1st Course                                                                                       |
| <b>Tomato Tart</b><br><i>whipped mascarpone, horseradish, tomato jam</i>                         |
| 2nd Course                                                                                       |
| <b>Baby Gem Salad</b><br><i>sunflower seed dressing, fresh herbs</i>                             |
| 3rd Course                                                                                       |
| <b>Gnocchi alla Bravas</b><br><i>confit peppers, Jamon Serrano</i>                               |
| 4th Course                                                                                       |
| <b>Kurobuta Pork Chop</b><br><i>corn polenta, Maitake mushroom, sugo alla Nduja</i>              |
| 5th Course                                                                                       |
| <b>Watermelon Yuzu Granita</b><br><i>frozen yogurt, watermelon yuzu shaved ice, black sesame</i> |



Wine Pairings  
*sourced from  
The Wine Country*

*selected by  
Debra Zelenka*



Five courses.  
Five Sicilian wine pairings.  
Five traditional antipasti.  
One unforgettable evening.

Tuesday, September 15th | 5:30 PM  
\$150 per person | Tax & gratuity included

If this sounds like your kind of evening, my mama and I would absolutely love to welcome you to our table. I'll share the link below for anyone who would like to join us.

<https://www.calisicucina.com/event-details/nonna-mary-inspired-sicilian-wine-dinner>

## 2026 LSFYC Bridge

### OPERATIONS STAFF

**Commodore:** Dominic Arcelin  
**Vice Commodore:** Ruth De Raddo  
**Rear Commodore:** Bob Bond  
**Treasurer:** Robert Hughes  
**Fleet Captain:** Open  
**Port Captain :** Brigitte Bigham  
**Secretary:** Antonia Lavender

### BOARD OF DIRECTORS

**Jr. S/C:** Lara Arambula  
**Director:** S/C Moti Cohen-Doron  
**Director:** S/C Rob Sonz  
**Director:** S/C Frank Franco  
**Director:** Elena Yuasa  
**Director:** Frank Geiger

### OTHER CONTACTS

**Membership:** Gabby & Dave Bierman  
**Newsletter:** S/C Frank Franco  
**Webmaster:** S/C Ben Smith