

# Three Sheets in the Wind

THE MONTHLY NEWSLETTER OF THE LITTLE SHIPS FLEET YACHT CLUB  
(ESTABLISHED IN 1937)  
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May, 2026



## Commodore's Report

*Dominic Arcelin*



### Hello Little Shippers...

April was a whirlwind of activity down at The Shed culminating in a very successful and entertaining **Opening Day**. I want to say thank you to everyone that attended the event. I also want to extend a big thank you for all the help, work, advice, and support to **Lara Arambula, Ruth Deraddo, Bob Bond, Frank & Lara Franco, Moti and Jill, Chris Layne, Sharmone LaRose, Frank and Gina, Elena Yuasa, Robert Hughes,** and everyone else that had a hand in making it such a wonderful day. I couldn't have done it without all of your help! See photos p. 7.

Coming up in **July** we have the *2nd Annual Southern California Yachting Invitational* in Two Harbors. It will be a weekend of fun on and off the water with games, prizes, food, and comraderie between 5 local yacht clubs. I will be sharing more information as we get closer to the event, but please let me know if you're interested in attending. A boat is not mandatory, but lodging is at a premium on the isthmus so it is wise to make arrangements sooner than later if you're planning on staying the night on shore.

The weekend will look something like this:

**Friday 7/17** will be the dinghy happy hour. Starting at 5pm, all the guests are invited to hop on a dinghy and stop at each of the 5 club host boats for a drink and a bite. We will then vote on who had the best theme/food/drink combo and the winning club will get points towards the SCYI Trophy.

**Saturday 7/18** there will be a series of games and challenges. A scavenger hunt, a relay race, cornhole, giant jenga, etc. Each of these is another chance to earn club points towards the SCYI Trophy. Saturday evening there will be a catered dinner, (included in the entry fee), followed by a trophy ceremony.

**Sunday 7/19** there are no scheduled events, but it is another opportunity to enjoy the island before heading home.

If this sounds like fun, please keep an eye out on your email for more information! I am also looking for volunteers to help with some of our assigned club tasks. So far we are responsible for a dessert dish for Saturday evening. We will need to prepare it and serve it.

Last year we provided pantry donations and a plated lunch for the **Ronald McDonald House** here in Long Beach. This year I am still working on coordinating a lunch event, but in the meantime I would like to give you a heads up that we will be accepting donations for the pantry towards the end of the month. There will be an announcement and a drop off day down at The Shed! So once again, keep an eye on your emails.

Lastly, I'd like to remind everyone that we have our very own LSFYC merchandise shopping now. It has been a long time coming, and I am proud and excited of the items we have on offer. While there is no inventory at The Shed, whatever you order will be shipped directly to you. You can access the site through this link... <https://lsfyclb.printify.me/> or by scanning the QR code in The Shed. If you have ideas for merchandise, please let me know and I'll see if it's something we can do.

***Dominic Arcelin***

*Commodore, LSFYC*



## Vice Commodore's Report

*Ruth DeRaddo*



### Good bye April, welcome May:

**April highlights...** April was a month filled with connections, celebration, and a touch of East Coast adventure. One of the standout moments was the opportunity to represent Little Ships Fleet Yacht Club all the way in Cold Spring Harbor, New York, where I exchanged our LSFYC burgee with the **Whalers Cove Yacht Club**. (see photo, p.x). Whalers Cove Yacht Club sits within the inner portion of Cold Spring Harbor in Suffolk County on the North Shore of Long Island. Their members were warm, welcoming, and proud of their harbor community. It was an honor to bring a piece of LSFYC to the East Coast — and to bring their burgee home to our fleet. I also had the opportunity to

stop by the **Huntington Yacht Club** in Huntington, New York — a club with a rich history, established in 1894. Although I wasn't able to exchange burgees during this visit, it was still a pleasure to connect with another longstanding harbor community and represent LSFYC on the North Shore. (see photo p. 6).

### **LSFYC's 89th Opening Day...**

Another major highlight of April 25 was our **89th Opening Day**, a day filled with pride, teamwork, and pure LSFYC spirit. A heartfelt thank you to everyone who helped make this event a success. I would list every name, but I'd surely miss someone — and you know who you are. Your time, energy, and heart are what keep this club thriving, and we appreciate you. We were honored to have **Third District Councilmember Kristina Duggan** join us for our Opening Day ceremony. She presented a Certificate of Recognition to Little Ships Fleet Yacht Club in celebration of our milestone — the 89th Opening Day of our historic club. Her presence and acknowledgment added a meaningful touch to an already memorable day for our members and guests. Thank you to Rear Commodore **Bob Bond** for coordinating this and helping make our Opening Day ceremony truly special.

Despite the windy and cool weather, the sun made a few cameo appearances, and the festivities never slowed down. Some favorite moments included:

- Dom's famous Rum Punch — and yes, it had a kick
- Taco Guy serving up delicious plates
- DJ music that kept the energy high
- A lively boat parade by S/C **Frank Franco** and S/C **Lara Arambula** providing the boats.
- A refreshing water show by the LB Marina Fire Dept
- And for those who stayed later — Karaoke!

A special thank you to NYCLB, who generously allowed us to use their patio and greenbelt area. Their hospitality helped make our Opening Day even more memorable. (see photos p. 7)

### **Upcoming Events — May Fun Ahead...**

#### ***BINGO Night — Friday, May 8th at 5:00 PM***

Yes, on a Friday! We're kicking off the weekend with a night of fun, friendly competition, and plenty of laughs. Join us on Friday, May 8th at 5:00 PM for BINGO Night. A separate flyer will be sent out with full details. Wear your favorite or lucky BINGO shirt — the louder, the luckier.

### **Celebrating All Mothers...**

May is also a special month to celebrate all Mother's, **Sunday May 10th** — those who guide, nurture, and love unconditionally. To every mom, grandmother, and mother figure in our fleet and beyond, we honor you. Your strength, kindness, and steady hand at the helm inspire us all. Happy Mother's Day from your LSFYC family!

### **Memorial Day Tribute...**

Let's take a pause to honor **Memorial Day, Monday, May 25th** — a time to remember and celebrate the brave men and women who have served and sacrificed for our country. Their courage and dedication allow us the freedom to gather, sail, and enjoy the waters we love. Let's take a moment of gratitude for our heroes, past and present, and fly our flags proudly this Memorial Day weekend. Fair winds and heartfelt thanks to all who serve.  
*(see next page)*

## **Vice Commodore's Report (con't)**

### **Line Dancing & Country Nights at *The Gaslamp*...**

On LSFYC Opening Day, our DJ was getting plenty of requests for country music — and a few of our ladies even asked about line dancing lessons. Well... inquire no more. We have the perfect country night in our own backyard at The Gaslamp (corner of Loynes & PCH) . Come spend your Thursdays with the Gaslamp Country Family, hosted by two legends in the SoCal country scene: *DJ Coral Rodriguez* and Line Dance Instructor **Cindi Massengale**.

Here's the weekly lineup:

- Line Dance Lessons: 6:30 pm & 7:15 pm
- Live Country Bands: Thursdays at 8:30 pm, alternating with DJ sets
- Guest DJs: Including Rick Dominguez and others throughout the season
- Food & Drinks: Delicious menu options, plus a wide range of bottled and draft beers, whiskeys, and specialty cocktails to round out your country night If you've been wanting to learn, practice, or just enjoy a fun night out with friends, this is the place to be. Dust off those boots and join the fun. Let's plan on setting up a Thursday to go. Details to follow.

### **Events in the Works...**

Our LSFYC 1st Annual Golf Tournament is still in the planning stages. We'll announce the month and details soon — get ready for a day of swings, laughs, and maybe a few mulligans. And yes... Another Chili Cookoff Tournament is coming! Start perfecting those recipes and preparing your bragging rights. This is your club — your energy and participation make these events unforgettable.

### **Dreaming of a Summer Beach Party?...**

How about a member putting together a Beach Party this summer? How much fun would that be — volleyball on the sand, snacks and sunshine, and an evening fire at one of the Bolsa Chica State Beach fire pits as the sun goes down. And here's the best part: Bolsa Chica already brings entertainment. Weekends feature live music from two great spots right on the sand:

- Sea Legs at the Beach — Brunch with the Beatles, Van Halen, and other tribute favorites
- Sea Salt at the Beach — Country music nights with that laidback coastal vibe

It's the perfect recipe for a summer gathering: good friends, good music, warm evenings, and the ocean right at our feet. Let's start planning for those warm days and breezy nights. If this sounds like your kind of fun, or if you'd like to help organize it, your feedback is always welcomed.

### **Welcome New Members...**

We are thrilled to see our membership growing with wonderful new faces. Welcome to LSFYC! Your enthusiasm and involvement bring fresh energy to our fleet, and we're so happy to have you aboard.

### **Looking Ahead...**

This year, 2026, is shaping up to be a fantastic one for our club. The energy created by our new members, combined with the fun activities planned for all, is giving LSFYC a fresh spark. We hope you'll continue to extend your interest and join us on this journey. *"Friendship is not one big thing; it's a lot of little things."*

### **Closing Message...**

As we sail into May, thank you for the spirit, kindness, and enthusiasm you bring to Little Ships Fleet Yacht Club. Whether you're volunteering, attending events, or simply showing up with a smile, you are the heart of this club. Here's to a bright, fun, and memorable May for all of us at LSFYC. See you around the clubhouse and out on the bay.

*"Friendship is not one big thing; it's a lot of little things"*

**Ruth DeRaddo**

*Vice Commodore LSFYC*



## Rear Commodore's Report

**Bob Bond**



### Let the good times keep rolling!...

April was a great month to celebrate the yachting community with lots of great Opening Day celebrations. Alyssa and I had the pleasure of attending the **Navy Yacht Club (NYC)** 59th Opening Day on April 11. NYC had a great celebration with the Orange County Deputy Sheriff's Bag Pipe Band, and many other activities and ceremonies. Two weeks later, LSFYC celebrated its 89th Opening Day, and it was even more special, as Domenic and Ruth shared to me, and you can see from all of the great pictures...congratulations and very well done Commodore Domenic and Vice Commodore Ruth! (see photos below).

Unfortunately, I was unable to participate in our LSFYC Opening Day this year due to a previous commitment to ride bicycles with 8 good friends on the **GAP & C&O Trails** from Pittsburgh, Pennsylvania to Washington, DC. We started our trek on April 24 and finished on April 30. It was a challenging 334+ mile ride along extremely scenic rivers and old railroad trails and tow paths. We enjoyed the views, fresh air, and camaraderie, but it will be nice to not have to sit on that tiny bike seat for a while.

Vice Commodore Ruth has a great Bingo Birthday Potluck celebration planned for **May 8** from 5-8pm.

Alyssa and I will be coordinating the June Birthday Bash Celebration on **June 20** at the LSFYC shed and Navy lawn, at which we'll play corn-hole and other games, and we plan to have a taco truck to help celebrate. To take full advantage of the summer solstice, we are extending this June 20 birthday bash to start at 4pm and end at 9pm. Please plan to join the fun on both May 8 and June 20.

Volunteers needed for the following – please let me know if you can help with any of these roles:

- Pick a month from July through November to **coordinate the birthday / happy hour potluck**... It's an opportunity for 5 volunteers to each throw a party at LSFYC, it doesn't take much time or effort to be the coordinator, and it really helps when we share the planning and effort.
- **2028 Olympics Coordinator(s)** – as I mentioned in last month's newsletter, LSFYC will be engaging with the greater Long Beach community to play an active role in supporting and celebrating the **2028 Olympics**. If all goes well, I will be Commodore in 2028, and I'd like to get a volunteer or two to help facilitate the Olympic activities so LSFYC can be proactive in our role and be effective in how we engage in this important event in our community.
- **Club of the Year Coordinator** – This is a great opportunity for someone organized and outgoing to work with our LSFYC Flag, Board, Officers and volunteers to record and gather pictures of all of the amazing things LSFYC does throughout the year.

Mark your calendars for another fun **Birthday Bash on June 20** at the LSFYC shed and Navy lawn, at which we'll play corn-hole and other games, and we plan to have a taco truck to help celebrate. To take full advantage of the summer solstice, we are extending this birthday bash to start at 4pm and end at 9pm.





## **Membership Report**

***Dave and Gabby Bierman***

### **Hello Little Shippers...**

Opening Day was just last week, and it was always one of the highlights of our season—a great time to come together, celebrate, and kick off the months ahead. We are sorry to miss it this year as we are be out of town on vacation, but I know it will be a fantastic event and we look forward to hearing all about it when we return.

As always, we encourage you to share that spirit with others. If you have friends, family, or colleagues who would enjoy being part of the club, please invite them to learn more through our membership page. For any questions or help with the process, don't hesitate to reach out to Gabby or Dave—we're always happy to help welcome new faces into the LSFYC family.

Please think about any friends and/or family members that you can invite to join the club, and send them this link to our [LSFYC Membership page](#) on our LSFYC website. Please reach out to Gabby at [gabbierman@gmail.com](mailto:gabbierman@gmail.com) or Dave at [davebierman@gmail.com](mailto:davebierman@gmail.com) to get help with any membership information and/or on boarding. We are pleased to share a bio of our newest LSFYC member:

**Michelle Spence** - Michelle has lived in Long Beach for almost five years and Corey is newer to Long Beach, still discovering its neighborhoods and hidden gems. They both love the city's laid-back coastal vibe and food scene. Michelle works for a software company and Corey is a graphic sign installer. Michelle grew up in Cypress, and Corey is originally from Garden Grove. Corey spent most of his adult life in Canada before moving back in 2020 to start a new chapter. They also have a dog, Wolfie, that they adore!



**Cristina Arneson Cabrera** is a South Bay native residing in Torrance, California. She spent ten years in law enforcement with Hawthorne and Manhattan Beach Police Departments, building a strong foundation in discipline, service, and community, before transitioning into residential and commercial real estate. Recently introduced to sailing by longtime friend AND Little Shipper **Allie Tsai**, Cristina has quickly developed a passion for her new hobby and is excited to continue growing her skills on the water. She enjoys networking and meeting like-minded individuals and has recently connected with members **Dominic Arcelin**, **Chris Layne**, Nick and Sunny Santos, and Mark and Lorna Ryans.

Outside of sailing, Cristina maintains an active lifestyle through yoga, weightlifting, shooting, and golfing (though she admits her golf game is still a work in progress). She enjoys spending time at the beach with friends and family, exploring new culinary experiences as a foodie, and has a passion for aquascaping. She shares her home with two Great Danes and looks forward to becoming an engaged and active member of the Little Ships Fleet Yacht Club community.



Welcome new members, we will get your photos and bios for next month:

- Rosa Bierman and Shawn Gill
- Shane and Laura Foster
- Rich and Tricia Matzinger
- Kirill and Elena Ponomarenko
- Jim and Susan Ballagh

## LSFYC Member news and Photos

Congrats to LSFYC member **Kirill Ponomarenko** aboard *As You Wish* in placing 2nd place in the CRUZ-BEN division in the 2026 Newport to Ensenada Race this past week.

Division: CRUZ-BEN (6 boats)

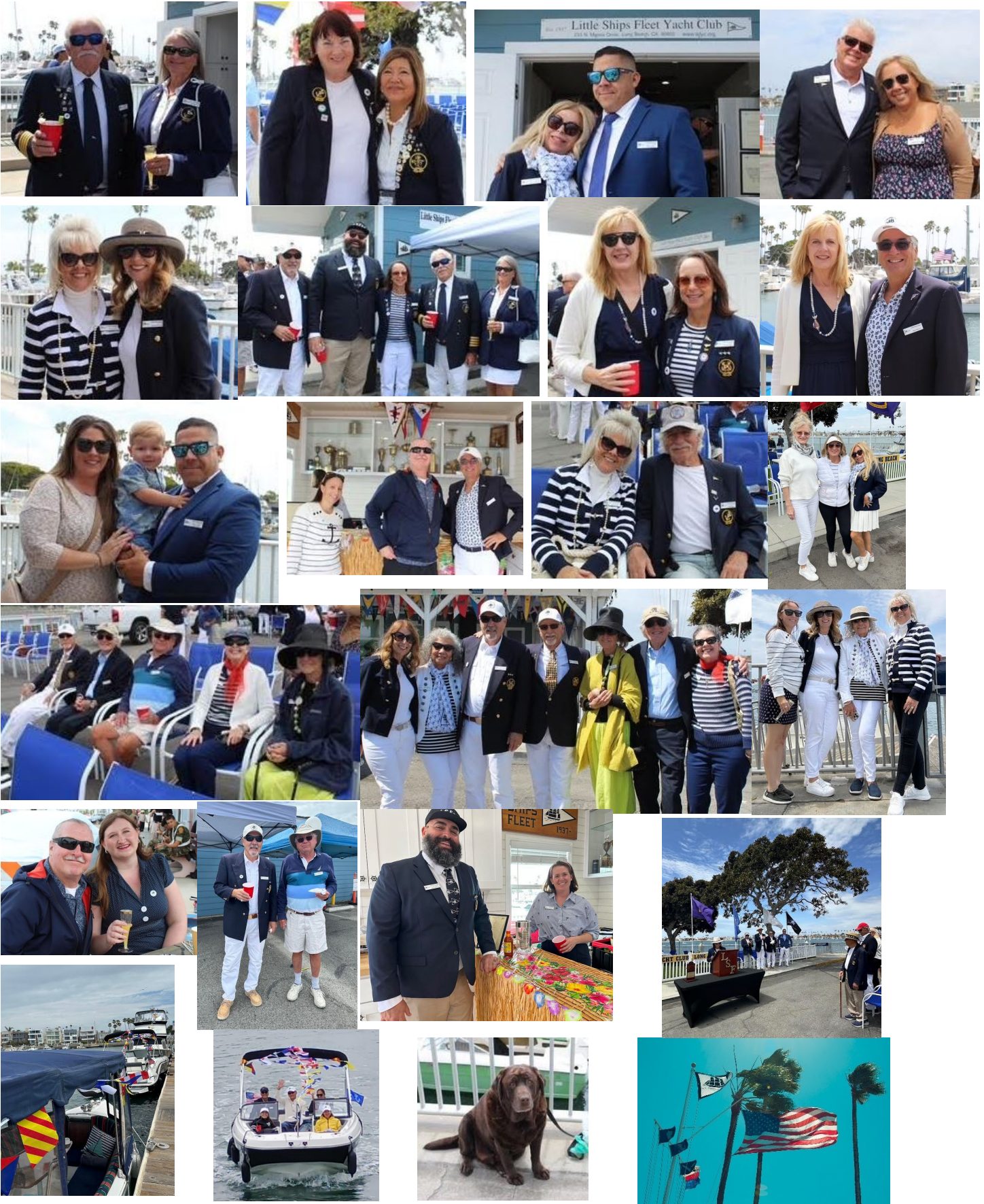
| Pos | Sail  | Boat             | Rating | Skipper  | Yacht Club | Corrected | T        | Total |
|-----|-------|------------------|--------|--|------------|-----------|----------|-------|
| 1   | 7213  | Mastha           | 81     | Philip Herzfeld<br>[N2E-CRUZ-SPIN-A]<br>[CRUZ-BEN]                 | DPYC       | 21:40:26  | 7/CPT-M  | 7     |
| 2   | 77018 | As You Wish      | 102    | Ivan Fedorov Kirill Ponomarenko<br>[N2E-CRUZ-SPIN-A]<br>[CRUZ-BEN] | LSFYC      | 23:58:20  | 15       | 15    |
| 3   | 25683 | Le Refuge        | 72     | Mark Jensen<br>[N2E-CRUZ-SPIN-A]<br>[CRUZ-BEN]                     | BCYC       | 24:35:55  | 16       | 16    |
| 4   | 56742 | Vaihalla         | 118    | Kevin Spainhour<br>[N2E-CRUZ-SPIN-B]<br>[CRUZ-BEN]                 | SLBYC      | 40:45:25  | 20/CPT-M | 20    |
| 5   | 77045 | Force 77         | 84     | Joshua Reece<br>[N2E-CRUZ-SPIN-A]<br>[CRUZ-BEN]                    | SWYC       | 42:03:13  | 24/CPT-M | 24    |
| 6   | 87441 | RUNNING WATER II | 102    | Phil Bellafaire<br>[N2E-CRUZ-SPIN-A]<br>[CRUZ-BEN]                 | DWYC       | NO TIME   | 25/DNF   | 25    |



Vice Commodore Ruth De Raddo's trip to east coast and visit to local yacht clubs.



# Opening Day Photos



## Steve Dunlap & Meghan Fabulous...the adventure continues!

Now after nearly 30 days of nonstop sailing from Central America, intrepid Little Shippers **Steve Dunlap**, **Meghan** and the 2 pugs, have journeyed aboard on the Lagoon 450S catamaran *Some Tuesday* across the Southern Pacific Ocean finally reaching their destination of **Nuku Hiva** in the Marquesas. Experiencing a combination of no winds, mild winds and wild winds, they had also spent some teeth grinding days dodging a gauntlet of multiple rain squalls and enduring heavy seas. But while fast becoming experienced blue water mariners, they have bravely met the challenge, endured and carried on. Crossing the Equator (see p. 11) was a highlight of the adventure as well as finally sighting land and shouting "**Land Ho!**" then celebrating with a bucket of Margaritas upon finally setting the anchor.

As of this writing, they are provisioning to very soon hoist anchor and proceed to the next destination. We wish them Bon Voyage and God Speed.

Click on links below to follow the adventure...and click on the posts shown to the live stream pod cast of the daily happenings, view posted videos and read the extensive and detailed narratives of the trip:

<https://www.youtube.com/@SailingSomeTuesday>

<https://www.instagram.com/SailingSomeTuesday>

<https://www.predictwind.com/tracking/SV-SomeTuesday>

FRENCH POLYNESIA:  
NUKU HIVA ISLAND IN  
THE MARQUESAS





# MAY, 2026



| SUN            | MON             | TUE             | WED | THU | FRI                       | SAT                              |
|----------------|-----------------|-----------------|-----|-----|---------------------------|----------------------------------|
|                |                 |                 |     |     | 1                         | 2                                |
| 3              | 4               | 5 Cinco de mayo | 6   | 7   | 8 LSFYC BINGO AT THE SHED | 9                                |
| 10 MOTHERS DAY | 11              | 12              | 13  | 14  | 15                        | 16                               |
| 17             | 18              | 19              | 20  | 21  | 22                        | 23                               |
| 24             | 25 MEMORIAL DAY | 26              | 27  | 28  | 29                        | 30 LSFYC REACH TO THE BEACH RACE |
| 31             |                 |                 |     |     |                           |                                  |



Pacific Ocean mariners & Little Shippers **Steve Dunlap** and **Megan Fabulous** when crossing the equator on *Some Tuesday*, perform the official Shell Back ceremony with the 2 pugs by paying homage to King Neptune. The LSFYC burgee proudly displayed on the mast shrouds...the most southerly distance the LSFYC burgee has ever travelled!

## [2026 LSFYC Bridge](#)

### OPERATIONS STAFF

*Commodore: Dominic Arcelin*  
*Vice Commodore: Ruth De Raddo*  
*Rear Commodore: Bob Bond*  
*Treasurer: Robert Hughes*  
*Fleet Captain: Chris Layne*  
*Port Captain : Brigitte Bigham*  
*Secretary: Antonia Lavender*

### BOARD OF DIRECTORS

*Jr. S/C: Lara Arambula*  
*Director: S/C Moti Cohen-Doron*  
*Director: S/C Rob Sonz*  
*Director: S/C Frank Franco*  
*Director: S/C Chris Layne*  
*Director: Elena Yuasa*  
*Director: Frank Geiger*

### OTHER CONTACTS

*Membership: Gabby & Dave Bierman*  
*Newsletter: S/C Frank Franco*  
*Webmaster: S/C Ben Smith*