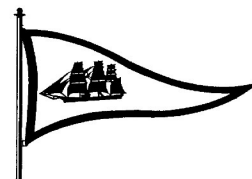


# *Three Sheets in the Wind*



THE MONTHLY NEWSLETTER OF THE LITTLE SHIPS FLEET YACHT CLUB  
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## **Commodore's Report**

*By Rob Sonz*



### **August Heat ...**

The summer heat is still with us and is a great opportunity to get out on the water and enjoy the summer.

The last LSFYC hosted LBHS race (Beat the Heat) was just conducted and thanks to S/C **Frank Franco** and myself, a great post race dock party was held for the racers to chow down and receive the trophies. Thanks to PC **Larry Finley** for setting up the preparations.

A special recognition, thanks and appreciation to **Dick Martin** as PRO as well as wearing so many other functional hats for the club.

The LSFYC July Membership Meeting held at Mimi's Café in Long Beach was a very nice opportunity to visit with some of the attending members. The speaker presentation was a discussion of the Santa Cruz Island by **Deb Terrell**. Deb, who was in residence for some time there, related her experiences and the issues with various aspects of island living. Due to technical difficulties, photos were not shown, but will be available for viewing at the next meeting in September.



## Vice Commodore's Report

By Dick O'Reilly



### **Flying adventure to Oshkosh ...**

*Each year at this time, the Experimental Aircraft Association hosts a fly-in convention of many different aircraft in Oshkosh, Wisconsin. Dick O'Reilly, along with being involved with sailing, is also an active motorcyclist and a long time pilot with over 1000 hours. This month, Dick has planned to fly his 2 seat Cadet to the meet (picking up other pilots with the same type of aircraft along the way) and then fly back home.*

*Below is the latest communication from Dick:*

8 days to Oshkosh, flying all or part of 7. One rained out day in Bend, OR. Camped under the stars at Columbia, CA the first night. Camped in a friend's hangar in Boulder, MT. From Boulder to Poplar Grove Airport in IL we were flight of 6 aircraft in 3 pairs. Low clouds the last day to IL made flying tricky.

Sunday 7/24 we were a flight of 14 planes for 125 miles from Poplar Grove to Oshkosh where we had priority landing one after another. All other arriving planes, big & little had to give way to us, including long circle courses to return.

Our Interstate Cadet airplanes, made in El Segundo from 1942 to 1943 were being honored on 75th anniversary of beginning of production. Most were civilian trainers. A couple, both here and one of which I flew with from Columbia, were in the air over Oahu and Maui when Pearl Harbor was bombed. Crews survived.

My plane served Civilian Air Corps in Texas during war.

If you are on Facebook, friend me. When I respond ask to join the Interstate Cadet Group. You'll find many photos there.





## Fleet Captain's Report

By Geoff Vanden Heuvel



### Beat the Heat Race...

July 16, 2016 was the date of the **Beat the Heat Race** sponsored by *Little Ships Fleet YC*. This was the fourth race of the six scheduled Long Beach Harbor Series races. The day was a little overcast at the start but the sun broke out as the afternoon wore on making it another a beautiful day on the water in Southern California.

A total of twelve boats came out to race and the five **A** fleet boats were assigned a 9.8 mile course that took them from the starting line just off of Island Chaffee up to Mark 31 at the wall for a starboard rounding. From there it was down to Mark 34 right next to the Belmont Pier for a port rounding and then a trip out the Queens Gate and down the outside of the wall and back into the channel for a finish in front of the clubhouse. It was fairly close racing with the winning boat *Dos Amigos Dos* taking first on corrected time.

The 5 **B** Fleet boats and the 2 **Non-spin** boats were assigned an 8.5 mile course that also sent them to Mark 31 for a starboard rounding but then they stayed along the wall for a mile and rounded Mark 30 also to starboard. From there it was down to Mark 34 at the beach for a starboard rounding, fortunately the A fleet boats had already cleared or it would have been a pretty challenging sight to have the B boats round the mark to starboard at the same time the A fleet boats were rounding the mark to port. However it would have been pretty entertaining for any observers who might have been watching from the Belmont Pier. The B Fleet and the Non-spin fleet were then sent up to Mark 37 in the middle of the wall for a port rounding and a spinnaker run into the channel for a finish in front of the clubhouse. Once again *Suicidal Bird* took first in the B Fleet and *Pacific Wolf* took first in the Non-spin fleet. See the LSFYC website for overall results and page 6 for photos.

A great big thank you goes to **Dick Martin** the PRO for the race and **Debby Terrell** and **Moti Cohen-Doron** for providing and working on the committee boat. The after race party of burgers, beer and hot dogs was hosted by S/C **Frank Franco** and Comm **Rob Sonz** (stepping in for P/C **Larry Finley**) and reports are that a good time was had by all.

The **All Hands on Deck Race** sponsored by the *Navy Yacht Club of Long Beach* is the next Harbor Series race on **August 13, 2016**. The last Harbor Series race is the **Dog Days of Summer Race** on September 24, 2016 and sponsored by *Shoreline Yacht Club*.

We will see you out on the water!



## Member News

*By Moti Cohen-Doron*

### **Vacationing on a remote island in the Bahamas...**

At our last LSFYC member meeting I was sharing with some of you about a recent trip to the Bahamas that my family (wife **Jill**, daughter **Maya** and son **Joshua**) and I went on. Shortly after the meeting Frank Franco asked me to write about it for our newsletter. So here we go...

First things first, how we ended up on a small, remote island in the Bahamas, that has no stores or cars was crazy in itself! Not sure if any of you are familiar with a TV show called "Distant Shores" which follows a Canadian couple that sail around the world on their 49' sailboat, but that is how we ended up in the **Exumas**. I was watching the show one night a few months ago and they happened to stop in a place called **Stocking Island**. The place looked stunning; beautiful, clear, turquoise water, and soft, white sand beaches that stretch for miles. It truly looked like heaven on earth! At that moment I got on Google Earth and looked up the place, found the only hotel on the island (which happened to have a 5 Star Trip Advisor rating) and told my wife this is where I want to go on vacation! So in June we went!

It was only a 50 minute flight from Miami to Georgetown International Airport on Great Exuma Island. We got the first taxi we saw as we exited the airport and our driver's name was Junior, but he was more like a Senior citizen. Half way thru the drive he asked where we were staying and when we told him at the St. Francis Resort he started laughing, he said, *"Why didn't you tell me? I have to call them and let them know that you are here to send the boat!"* We were told by the hotel to go to Exuma Dock and they would pick us up from there. Junior quickly radioed over to Stocking Island to send the boat to pick us up, so sure enough when we got to the dock our shuttle boat and driver, who happened to be the owner of the St. Francis Resort- George, was waiting there for us.

It's about 2 miles to Stocking Island from Georgetown, but as soon as you get out of the harbor you can quickly see you are in paradise! There are gorgeous beaches and little islands everywhere you look. Sail boats are anchored all around the harbor, because boating is the best way to explore this wonderful place. We arrived at the St. Francis Resort after a short boat ride and were shown to our room. There are only 8 rooms at the resort and all rooms have a balcony that face a gorgeous, secluded beach.

Jill and George were the wonderful South African couple who own and operate the hotel. They had been "yachties" once and had sailed all over and ended up settling at Stocking Island. George is the handyman, shuttle boat driver, barman and comedian (he has a sneaky sense of humor). Jill cooks breakfast, oversees the staff (including George) and organizes any excursions you may want. We spent our days exploring the island bays and beaches in kayaks that were free to use for resort guests. Kayaks are a great way to get around this small island. There is a locally famous place that you can kayak to called, "Chat n Chill" - a lot of people beach their boats there and hang out all day. You can also feed the stingrays there if you like that sort of thing.

There are boats moored in the protected harbor of Stocking Island. Many snowbirds leave their boats there during hurricane season and return after it ends in November. That's when the St. Francis Resort is at it's busiest! They host a poker night twice a week during the season and can get 60-70 people a night. By comparison when we were there they had about 10 people playing.

We also rented a small motorboat for the day and were able to travel even further around the island. With the boat we visited several beautiful beaches, all known for something: Sand Dollar Beach, Starfish Beach and Turtle Beach.

*(con't on next page)*



## **Vacation In the Bahamas...(con't)**

Each one of the beaches were gorgeous - it's probably why they chose the Exumas to film the movie, "*The Pirates of the Caribbean*." We enjoyed snorkeling, swimming and relaxing.

Another interesting place we visited was just a few yards down the beach from our room which was a small area of *Stromatolites*. Stromatolites were one of the earliest sources of oxygen that helped to create life on our planet. They look like rocks but they are not, in fact they are very soft to touch and to walk on. They lie just adjacent to the shoreline and according to Wikipedia they are 3.5 billion years old! There are only 2 places in the world that marine stromatolites can be found and the Exuma Cays are one of them.

Overall it was a magical stay! Jill and George make you feel like family and we were truly sad when it was time to leave. It's no wonder that so many of their guests keep returning year after year. Have a look for yourself, here is a link to the hotel's website: <http://www.stfrancisresort.com>





**Beat the Heat Race photos:**



A fleet start



B fleet start



Non spin start



At the finish line



Dos Amigo Dos skipper & crew 1st place



Burgers, beer and hot dogs for the racers!



# August 2016



| SUN | MON                                    | TUE                                                                                     | WED | THU | FRI | SAT                        |
|-----|----------------------------------------|-----------------------------------------------------------------------------------------|-----|-----|-----|----------------------------|
|     | <b>1 LSFYC<br/>BOD TELE<br/>5:00PM</b> | 2                                                                                       | 3   | 4   | 5   | 6                          |
| 7   | 8                                      | 9                                                                                       | 10  | 11  | 12  | <b>13 LBHS<br/>RACE #5</b> |
| 14  | 15                                     | 16                                                                                      | 17  | 18  | 19  | 20                         |
| 21  | 22                                     | 23                                                                                      | 24  | 25  | 26  | 27                         |
| 28  | 29                                     | 30                                                                                      | 31  |     |     |                            |
|     |                                        | More events at <a href="http://www.lsfyc.org">www.lsfyc.org</a> , click [Events/Photos] |     |     |     |                            |



## **2016 LSFYC Bridge**

### **OPERATIONS STAFF**

*Commodore: Rob Sonz*

*Vice Commodore: Dick O'Reilly*

*Fleet Captain: Geoffrey Vanden Heuvel*

*Port Captain : Larry Finley*

*Treasurer: Dick Martin*

### **BOARD OF DIRECTORS**

*Junior Staff Comm: Pax Starksen*

*Director: S/C Tom Cornelius*

*Director: David Haas*

*Director: Todd Smith*

*Director: Robert West*

### **OTHER CONTACTS**

*Membership Chairman: David Haas*

*Newsletter: S/C Frank Franco*

*Webmaster: S/C Ben Smith*